



# Allergy Action Plan

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 School: \_\_\_\_\_ Teacher/ Grade: \_\_\_\_\_  
 Parent/ Guardian: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Allergic to:  Bee Sting  Food (specify) \_\_\_\_\_  
 Other (specify): \_\_\_\_\_

\*\*\*\*\*Medical documentation of food allergies is required to be submitted yearly\*\*\*\*\*

**SIGNS OF ALLERGIC REACTION (check all that apply to your child):**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Itching               | <input type="checkbox"/> Rash                                   | <input type="checkbox"/> Swelling or redness at sting site        |
| <input type="checkbox"/> Hives                 | <input type="checkbox"/> Nausea/ Vomiting                       | <input type="checkbox"/> Itching/ swelling lips, tongue, or mouth |
| <input type="checkbox"/> Other (specify) _____ | <input type="checkbox"/> Trouble breathing, swallowing, talking |   |

**I would rate the severity of my child's allergy as: (please circle one)**

Not severe                      1                      2                      3                      4                      5                      Severe

- JCSD Policy states that designated personnel may carry **emergency** meds on field trips.
- If your child must carry **emergency** meds at all times, please have the **“Release-To-Carry Form For Asthma Inhaler, Anaphylaxis Medication, and/ or Insulin Supplies”** form filled out.

**TREATMENT (To Be Filled Out By Physician):**

- Administer \_\_\_\_\_ Dose \_\_\_\_\_ Route \_\_\_\_\_  
if symptoms are: \_\_\_\_\_
- Administer \_\_\_\_\_ Dose \_\_\_\_\_ Route \_\_\_\_\_  
if symptoms are: \_\_\_\_\_
- Call 911 if epinephrine aut- injector is given or if reaction is severe or if emergency meds not available.**
- Call parents or emergency contacts.

**Physician Signature:** \_\_\_\_\_ Date \_\_\_\_\_  
Required for any medications to be given at school

Parent Signature: \_\_\_\_\_ Date \_\_\_\_\_

**Emergency Contacts:**

- Name \_\_\_\_\_ Phone Number \_\_\_\_\_
- Name \_\_\_\_\_ Phone Number \_\_\_\_\_
- Name \_\_\_\_\_ Phone Number \_\_\_\_\_



**JONES COUNTY SCHOOL DISTRICT  
RELEASE-TO-CARRY FORM FOR ASTHMA INHALER, ANAPHYLAXIS  
MEDICATION, AND/OR INSULIN SUPPLIES**

Date: \_\_\_\_\_ School: \_\_\_\_\_

\_\_\_\_\_ has been instructed in the proper use of  
(student's name)

\_\_\_\_\_ Medication(s).  
(name of medication(s))

Diagnosis #1: \_\_\_\_\_

Name of medication #1: \_\_\_\_\_

Dosage: \_\_\_\_\_

Diagnosis #2: \_\_\_\_\_

Name of medication #2: \_\_\_\_\_

Dosage: \_\_\_\_\_

We, \_\_\_\_\_ and \_\_\_\_\_, request that  
(physician) (parent/guardian)

\_\_\_\_\_  
(student's full name)

be permitted to carry the asthma inhaler, anaphylaxis medication(s), and/or insulin supplies on his/her person, or to keep the asthma inhaler, anaphylaxis medication(s), and/or insulin supplies in his/her classroom or locker. He/she has been instructed in and understands the purpose, appropriate method, and frequency of use of his/her medication(s) as well as the proper method of disposal.

We, the undersigned physician and parent/guardian, absolve the school district and its employees, agents and officers of any responsibility in safeguarding our child's asthma inhaler, anaphylaxis medication(s), and/or insulin supplies.

We understand that the school district and its employees and agents will not be held liable for any injury sustained by the student that has self-administered emergency medication(s).

\_\_\_\_\_  
(Physician's signature)

\_\_\_\_\_  
(Parent/Legal guardian signature)

\_\_\_\_\_  
(Principal's signature)

\_\_\_\_\_  
(School Nurse's signature)