

# Jones County Schools

Lunch K-8

Sep 5, 2017

## 2017 September K-8 Lunch Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 Chicken Tenders Sala Beefy Nachos Grande Beef Taco with Soft Tortilla Whole Kernel Corn Pinto Beans Chilled Peaches Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk
Sep - 4	Sep - 5 Shepherd's Pie Mini Hot Dogs Criss Cut Sweet Potato Southern Green Beans Fresh Oranges Assorted Puddings Chocolate Milk Fat Free Milk Strawberry Milk Vanilla Fat Free Milk	Sep - 6 Stuffed Crust Pizza Sloppy Joe on Bun Spicy Fries Baby Carrots w/ Dressi Fresh Apples Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 7 Chicken Tenders Variety of Dipping Sau Chef Salad Yeast Roll Mashed Potatoes with Cheese Lima Beans Sliced Strawberries Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 8 Chicken Tenders Sala BBQ Chicken Flatbread Corn Dog Nuggets Spicy Fries Whole Kernel Corn Fresh Bananas Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk
Sep - 11 Chicken Nuggets Variety of Dipping Sau Cheeseburger French Fries Field Peas Yeast Roll Fresh Oranges Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 12 Hamburger Steak w/ G Corn Dog Crinkle Cut Fries Cheesy Broccoli and Cauliflower Fresh Apples Rice Treat Bar Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 13 Turkey and Cheese Wr Chicken Patty & Biscuit Chicken Salad w/Crack Assorted Jellies Hot Grits Tater Tots Assorted Vegetable Jui Fresh Kiwi Wedges Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 14 Chicken Tenders Variety of Dipping Sau Chef Salad Southern Turnip Green Macaroni and Cheese Yam Patties Hushpuppies Fresh Pineapple Cube Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 15 Chicken Tenders Sala Boneless Buffalo Hot Wings John Wayne Casserole Baked Beans Oven Baked Potato W Fresh Strawberries Chocolate Chip Cookie Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk
Sep - 18 Cheesy Chicken Over/ Yeast Roll Turkey & Cheese Hoagie Spicy Fries Southern Green Beans Chilled Peaches Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 19 Spaghetti & Meat Sauce Crispy Toast Spicy Chicken Sandwich Corn on the Cob Baby Carrots w/ Dressing Fresh Melon Cubes Rice Treat Bar Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 20 Shepherd's Pie Yeast Roll Stuffed Crust Pizza Criss Cut Sweet Potato Green Peas Tropical Fruit Southern Mud Chocolate Milk Fat Free Milk Strawberry Milk Vanilla Fat Free Milk	Sep - 21 Chicken Tenders Variety of Dipping Sau Chef Salad Brown Gravy Mashed Potatoes Southern Turnip Green Hushpuppies Pear and Kiwi Medley Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 22 Chicken Tenders Sala Sloppy Joe on Bun Corn Dog Nuggets Baked Beans Criss Cut Sweet Potato Fresh Bananas Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Page 2

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Sep - 25  Chicken Egg Rolls Sweet and Sour Sauce Mandarin Chicken Stir Fried Rice Oven Baked Potato W Steamed Carrots Fresh Grapes Sugar Cookie Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 26  Stuffed Crust Pizza BBQ Chicken Flatbrea Southern Green Beans Spicy Fries Mandarin Fruit Cup Sugar Cookie Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 27  Bacon Cheese Burger Spicy Fries Turkey and Cheese Wr Broccoli Salad Fresh Oranges Chocolate Milk Fat Free Milk Strawberry Milk Vanilla Fat Free Milk	Sep - 28  Chef Salad Chicken Tenders Variety of Dipping Sau Cornbread Mashed Potatoes with Cheese Southern Turnip Green Fresh Pineapple Cube Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 29  Chicken Tenders Sala Beefy Nachos Grande Beef Taco with Soft Tortilla Whole Kernel Corn Pinto Beans Chilled Peaches Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk

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