

Jones County Schools

K-12 Breakfast

Sep 26, 2018

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2018 Oct. Breakfast K-12 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Sausage & Pancake on a Stick Frosted Flakes Breakfast Sausage Piz Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 2 Chicken Patty & Biscuit Strawberry WG Toaster Pastries Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 3 French Toast Sticks Marshmallow Mateys Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 4 Sausage and Biscuit Assorted Jellies Cinnamon Rolls Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 5 Sausage and Biscuit Assorted Jellies Cinnamon Rolls Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk
Oct - 8	Oct - 9 Chicken Patty & Biscuit Strawberry WG Toaster Pastries Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 10 Chocolate Chip Muffin Loaf String Cheese Marshmallow Mateys Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 11 Sausage and Biscuit Assorted Jellies Cinnamon Rolls Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 12 Sausage and Biscuit Assorted Jellies Cinnamon Rolls Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk
Oct - 15 Froot Loops Cereal Strawberry WG Toaster Pastries Breakfast Sausage Piz Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 16 Chicken Patty & Biscuit Strawberry WG Toaster Pastries Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 17 French Toast Sticks Mini Spooners Cereal Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 18 Sausage and Biscuit Assorted Jellies Cinnamon Rolls Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 19 Sausage and Biscuit Assorted Jellies Cinnamon Rolls Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk
Oct - 22 Frosted Flakes Breakfast Sausage Piz Strawberry WG Toaster Pastries Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 23 Chicken Patty & Biscuit Strawberry WG Toaster Pastries Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 24 Chocolate Chip Muffin Loaf String Cheese Marshmallow Mateys Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 25 Sausage and Biscuit Assorted Jellies Cinnamon Rolls Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 26 Sausage and Biscuit Assorted Jellies Cinnamon Rolls Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk
Oct - 29 Cinnamon Toast Cerea Breakfast Sausage Piz Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 30 Chicken Patty & Biscuit Strawberry WG Toaster Pastries Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk	Oct - 31 French Toast Sticks Marshmallow Mateys Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Fat Free Milk		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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