

Jones County Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 1

Generated on: 9/27/2017 2:01:08 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/02/2017										
K-12 Breakfast	Total	2500								
Frudel, 2WGR, Apple, MS1627	1 frudel	2000	210	0	280	5.0	36.0	6.0	1.50	0.00
Breakfast Pizza,Sausage,MS1684	1 slice	500	220	15	460	10.0	27.0	8.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2400	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	450	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	1000	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			464	8	456	14.43	88.90	6.56	1.64	0.00
% of Calories						12.4%	76.6%	12.7%	3.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Tue - 10/03/2017										
K-12 Breakfast	Total	2500								
Chicken Pat & Biscuit, MS1685	1 serving	1000	244	0	533	11.11	34.33	11.11	2.31	0.00
Toaster Past,Strbr,2WGR,MS1644	2 pastries	1500	360	0	360	4.0	76.0	5.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	200	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	600	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			483	2	502	11.38	97.00	7.54	2.15	0.00
% of Calories						9.4%	80.3%	14.1%	4.0%	0.0%
Nutrient Guideline			450-500		540				<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jones County Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 2

Generated on: 9/27/2017 2:01:08 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/04/2017										
K-12 Breakfast	Total	2300								
Muffin Loaf ChocChip1GR MS1633	1 muffin	1200	180	5	170	3.0	29.0	7.0	1.50	0.00
Yogurt Cup St&Raspberry MS928	4 ounce cup	1200	80	5	65	4.0	16.0	0.0	0.00	0.00
Cereal, MM Mateys, 2 G,MS1618	1 bowl pack	1100	220	0	280	4.0	48.0	2.0	0.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2000	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	100	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			495	9	439	14.10	101.38	4.75	0.82	0.00
% of Calories						11.4%	81.9%	8.6%	1.5%	0.0%
Nutrient Guideline			450-500		540				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/05/2017										
K-12 Breakfast	Total	2500								
Sausage & Biscuit 2WGR, MS1687	1 Each	1500	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1500	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	1000	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1700	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			496	24	673	17.99	81.09	11.45	3.40	0.00
% of Calories						14.5%	65.4%	20.8%	6.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jones County Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 3

Generated on: 9/27/2017 2:01:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/06/2017										
K-12 Breakfast	Total	2300								
Sausage & Biscuit 2WGR, MS1687	1 Each	1500	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1000	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	700	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1600	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			447	26	700	18.42	67.57	11.59	3.55	0.00
% of Calories						16.5%	60.4%	23.3%	7.1%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Wed - 10/11/2017										
K-12 Breakfast	Total	2300								
Muffin Loaf ChocChip1GR MS1633	1 muffin	1200	180	5	170	3.0	29.0	7.0	1.50	0.00
Yogurt Cup St&Raspberry MS928	4 ounce cup	1200	80	5	65	4.0	16.0	0.0	0.00	0.00
Cereal, MM Mateys, 2 G,MS1618	1 bowl pack	1100	220	0	280	4.0	48.0	2.0	0.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2000	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	100	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			495	9	439	14.10	101.38	4.75	0.82	0.00
% of Calories						11.4%	81.9%	8.6%	1.5%	0.0%
Nutrient Guideline			450-500		540				<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jones County Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 4

Generated on: 9/27/2017 2:01:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/12/2017										
K-12 Breakfast	Total	2500								
Sausage & Biscuit 2WGR, MS1687	1 Each	1000	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1500	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	1500	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2000	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2400	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			452	16	503	13.89	78.75	9.70	2.62	0.00
% of Calories						12.3%	69.7%	19.3%	5.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Fri - 10/13/2017										
K-12 Breakfast	Total	2300								
Sausage & Biscuit 2WGR, MS1687	1 Each	1500	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1000	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	700	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1600	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			447	26	700	18.42	67.57	11.59	3.55	0.00
% of Calories						16.5%	60.4%	23.3%	7.1%	0.0%
Nutrient Guideline			450-500		540				<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jones County Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 5

Generated on: 9/27/2017 2:01:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/16/2017										
K-12 Breakfast	Total	2500								
Frudel, 2WGR, Apple, MS1627	1 frudel	2000	210	0	280	5.0	36.0	6.0	1.50	0.00
Breakfast Pizza,Sausage,MS1684	1 slice	500	220	15	460	10.0	27.0	8.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2400	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	450	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	1000	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			464	8	456	14.43	88.90	6.56	1.64	0.00
% of Calories						12.4%	76.6%	12.7%	3.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Tue - 10/17/2017										
K-12 Breakfast	Total	2500								
Chicken Pat & Biscuit, MS1685	1 serving	1000	244	0	533	11.11	34.33	11.11	2.31	0.00
Toaster Past,Strbr,2WGR,MS1644	2 pastries	1500	360	0	360	4.0	76.0	5.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	200	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	600	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			483	2	502	11.38	97.00	7.54	2.15	0.00
% of Calories						9.4%	80.3%	14.1%	4.0%	0.0%
Nutrient Guideline			450-500		540				<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jones County Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 6

Generated on: 9/27/2017 2:01:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/18/2017										
K-12 Breakfast	Total	2300								
Muffin Loaf ChocChip1GR MS1633	1 muffin	1200	180	5	170	3.0	29.0	7.0	1.50	0.00
Yogurt Cup St&Raspberry MS928	4 ounce cup	1200	80	5	65	4.0	16.0	0.0	0.00	0.00
Cereal, MM Mateys, 2 G,MS1618	1 bowl pack	1100	220	0	280	4.0	48.0	2.0	0.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2000	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	100	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			495	9	439	14.10	101.38	4.75	0.82	0.00
% of Calories						11.4%	81.9%	8.6%	1.5%	0.0%
Nutrient Guideline			450-500		540				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/19/2017										
K-12 Breakfast	Total	2500								
Sausage & Biscuit 2WGR, MS1687	1 Each	1500	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1500	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	1000	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1700	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			496	24	673	17.99	81.09	11.45	3.40	0.00
% of Calories						14.5%	65.4%	20.8%	6.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jones County Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 7

Generated on: 9/27/2017 2:01:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/20/2017										
K-12 Breakfast	Total	2500								
Sausage & Biscuit 2WGR, MS1687	1 Each	1000	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1000	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	1500	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1100	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			369	18	503	14.80	56.60	9.60	2.59	0.00
% of Calories						16.0%	61.3%	23.4%	6.3%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Mon - 10/23/2017										
K-12 Breakfast	Total	2500								
Frudel, 2WGR, Apple, MS1627	1 frudel	2000	210	0	280	5.0	36.0	6.0	1.50	0.00
Breakfast Pizza,Sausage,MS1684	1 slice	500	220	15	460	10.0	27.0	8.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2400	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	450	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	1000	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			464	8	456	14.43	88.90	6.56	1.64	0.00
% of Calories						12.4%	76.6%	12.7%	3.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jones County Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 8

Generated on: 9/27/2017 2:01:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/24/2017										
K-12 Breakfast	Total	2500								
Chicken Pat & Biscuit, MS1685	1 serving	1000	244	0	533	11.11	34.33	11.11	2.31	0.00
Toaster Past, Strbr, 2WGR, MS1644	2 pastries	1500	360	0	360	4.0	76.0	5.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt. Lu MS1700	1/2 pint	200	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF Strwbr, 1/2 pt. Lu MS1702	1/2 pint	600	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt. Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White 1/2 pt. Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			483	2	502	11.38	97.00	7.54	2.15	0.00
% of Calories						9.4%	80.3%	14.1%	4.0%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Wed - 10/25/2017										
K-12 Breakfast	Total	2300								
Muffin Loaf ChocChip1GR MS1633	1 muffin	1200	180	5	170	3.0	29.0	7.0	1.50	0.00
Yogurt Cup St&Raspberry MS928	4 ounce cup	1200	80	5	65	4.0	16.0	0.0	0.00	0.00
Cereal, MM Mateys, 2 G, MS1618	1 bowl pack	1100	220	0	280	4.0	48.0	2.0	0.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2000	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt. Lu MS1700	1/2 pint	1500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF Strwbr, 1/2 pt. Lu MS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt. Bo MS1704	1/2 pint	100	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White 1/2 pt. Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			495	9	439	14.10	101.38	4.75	0.82	0.00
% of Calories						11.4%	81.9%	8.6%	1.5%	0.0%
Nutrient Guideline			450-500		540				<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jones County Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 9

Generated on: 9/27/2017 2:01:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/26/2017										
K-12 Breakfast	Total	2500								
Sausage & Biscuit 2WGR, MS1687	1 Each	1500	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1500	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	1000	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1700	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			496	24	673	17.99	81.09	11.45	3.40	0.00
% of Calories						14.5%	65.4%	20.8%	6.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Fri - 10/27/2017										
K-12 Breakfast	Total	2300								
Sausage & Biscuit 2WGR, MS1687	1 Each	1500	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1000	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	700	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1600	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			447	26	700	18.42	67.57	11.59	3.55	0.00
% of Calories						16.5%	60.4%	23.3%	7.1%	0.0%
Nutrient Guideline			450-500		540				<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jones County Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 10

Generated on: 9/27/2017 2:01:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/30/2017										
K-12 Breakfast	Total	2500								
Frudel, 2WGR, Apple, MS1627	1 frudel	2000	210	0	280	5.0	36.0	6.0	1.50	0.00
Breakfast Pizza,Sausage,MS1684	1 slice	500	220	15	460	10.0	27.0	8.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2400	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	450	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	1000	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			464	8	456	14.43	88.90	6.56	1.64	0.00
% of Calories						12.4%	76.6%	12.7%	3.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Tue - 10/31/2017										
K-12 Breakfast	Total	2500								
Chicken Pat & Biscuit, MS1685	1 serving	1000	244	0	533	11.11	34.33	11.11	2.31	0.00
Toaster Past,Strbr,2WGR,MS1644	2 pastries	1500	360	0	360	4.0	76.0	5.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	200	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	600	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			483	2	502	11.38	97.00	7.54	2.15	0.00
% of Calories						9.4%	80.3%	14.1%	4.0%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Weighted Average			471	13	536	14.88	86.52	8.19	2.22	0.00
						12.6%	73.5%	15.7%	4.3%	0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jones County Schools

Oct 2, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Reimb Qty % of Target	Cals (kcal) Miss Data	Cholst (mg) Shortfall	Sodm (mg) Shortfall	Protn (g) Overage	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	471		450 - 500	100%									
Cholesterol (mg)	13												
Sodium (mg)	536		540										
Protein (g)	14.88	12.63%											
Carbohydrate (g)	86.52	73.48%											
Total Fat (g)	8.19	15.65%											
Saturated Fat (g)	2.22	4.25%	<10.00%										
Trans Fat ¹ (g)	0.00	0.00%											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.