

Jones County Schools

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/01/2018										
Lunch K-8	Total	6100								
Pizza, Stuffed Crust MS304	1 slice	6100	330	20	870	17.0	35.0	14.0	4.50	0.00
Baked Crinkle Fries MS1088	1/2 cup	6100	101	0	20	2.72	17.69	2.64	*N/A*	0.08
Fresh Apple MS1206	1 each	6100	72	0	1	0.36	19.06	0.23	0.04	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	2800	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, LF White 1/2 pt.LuMS1708	1/2 pint	1600	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			625	26	1043	27.32	93.00	17.58	4.96	0.08
% of Calories						17.5%	59.5%	25.3%	7.2%	0.1%
Nutrient Guideline			600-650		1230				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/02/2018										
Lunch K-8	Total	6100								
Cheeseburger 2.5 oz PattyMS728	1 each	6100	280	34	668	16.53	29.52	11.55	4.83	0.00
Sweet Potato Fries,Bkd MS1099	1/2 cup	6100	136	0	147	1.05	21.98	8.37	1.05	0.00
Fruit Juice, Frozen Cup,MS1247	1/2 cup	6100	95	0	9	0.25	23.44	0.08	0.01	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	5000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	50	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	50	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			649	37	1017	25.83	100.99	20.00	5.89	0.00
% of Calories						15.9%	62.2%	27.7%	8.2%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/03/2018										
Lunch K-8	Total	6200								
Chicken Tenders Baked MS546	3 tenders	6200	250	60	690	22.0	17.0	11.0	2.00	0.00
Sauce, Variety,DippingPCMS1562	1 packet	6100	45	3	127	0.0	7.0	2.0	0.33	0.00
Mashed Potatoes/w CheeseMS1080	1/2 cup	6100	114	5	157	3.58	15.88	4.13	2.27	0.00
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	6100	160	0	125	4.0	29.0	3.0	0.50	0.00
Fresh Bananas MS1220	1 each	6100	105	0	1	1.29	26.95	0.39	0.13	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	4500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			807	72	1276	38.47	121.25	20.37	5.18	0.00
% of Calories						19.1%	60.1%	22.7%	5.8%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

Fri - 05/04/2018										
Lunch K-8	Total	6100								
Cheesy Chicken Over/Rice MS516	1 serving	6100	366	77	485	31.33	29.28	13.92	7.89	0.00
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	6100	170	0	310	5.0	31.0	3.0	1.00	0.00
Broccoli w/Cheese Sauce MS1012	1/2 cup	6100	43	0	231	3.27	7.67	0.58	0.02	0.00
Fresh Strawberries MS1292	1/2 cup	6100	29	0	1	0.61	6.97	0.27	0.01	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	2800	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, LF White 1/2 pt.LuMS1708	1/2 pint	1600	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			729	83	1178	47.45	96.17	18.48	9.34	0.00
% of Calories						26.0%	52.7%	22.8%	11.5%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

Mon - 05/07/2018										
Lunch K-8	Total	6000								
Chicken Nuggets Bkd MS532	5 nuggets	6000	231	55	429	15.97	15.97	11.0	2.35	0.01
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	6000	170	0	310	5.0	31.0	3.0	1.00	0.00
Sauce, Variety,DippingPCMS1562	1 packet	6000	45	3	127	0.0	7.0	2.0	0.33	0.00
Green Beans w/Ham MS1038	1/2 cup	6000	31	2	118	2.17	4.76	0.39	0.10	0.00
Chilled Peach Slices MS1274	1/2 cup	6000	65	0	6	0.54	17.49	0.04	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	3200	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, LF White 1/2 pt.LuMS1708	1/2 pint	2000	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			682	68	1166	32.15	100.54	17.32	4.32	0.01
% of Calories						18.8%	58.9%	22.8%	5.7%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

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Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/08/2018										
Lunch K-8	Total	6100								
Pizza, Stuffed Crust MS304	1 slice	6100	330	20	870	17.0	35.0	14.0	4.50	0.00
Baked Crinkle Fries MS1088	1/2 cup	6100	101	0	20	2.72	17.69	2.64	*N/A*	0.08
Fresh Oranges MS1268	1 each	6100	61	0	0	1.22	15.22	0.16	0.03	0.00
Assorted Pudding CupsMS1462	1 pudding cup	2500	85	0	140	1.5	19.0	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	2800	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, LF White 1/2 pt.LuMS1708	1/2 pint	1600	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			649	26	1099	28.79	96.95	17.50	4.95	0.08
% of Calories						17.7%	59.7%	24.3%	6.9%	0.1%
Nutrient Guideline			600-650		1230				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/09/2018										
Lunch K-8	Total	6100								
Cheeseburger 2 oz., US MS728.1	1 each	6100	316	53	692	19.28	32.23	12.56	4.51	0.00
Sweet Potato Fries,Bkd MS1099	1/2 cup	6100	136	0	147	1.05	21.98	8.37	1.05	0.00
Chilled Pears MS1282	1/2 cup	6100	69	0	6	0.23	18.23	0.04	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	5000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	50	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	50	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			659	56	1038	28.56	98.51	20.97	5.55	0.00
% of Calories						17.3%	59.8%	28.6%	7.6%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

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May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/10/2018										
Lunch K-8	Total	6200								
Chicken Tenders Baked MS546	3 tenders	5900	250	60	690	22.0	17.0	11.0	2.00	0.00
Sauce, Variety,DippingPCMS1562	1 packet	4500	45	3	127	0.0	7.0	2.0	0.33	0.00
Mashed Potatoes MS1078	1/2 cup	3500	91	0	83	2.35	15.67	2.29	1.04	0.00
Roll, Enriched, 2oz MS1358	Roll - 2 oz.	5900	160	0	125	4.0	29.0	3.0	0.50	0.00
Fresh Grapes MS1226	1/2 cup	3500	61	0	2	0.57	15.56	0.32	0.10	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	4500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			648	63	1098	34.13	93.18	16.24	3.27	0.00
% of Calories						21.1%	57.5%	22.6%	4.5%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/11/2018										
Lunch K-8	Total	6000								
Chicken Wings,Bless,Merc MS540	5 Chunks	6000	237	50	488	21.25	15.0	10.0	1.88	0.00
Spicy Fries, Baked MS1100	1/2 cup	6000	147	0	391	2.44	20.76	7.33	1.22	0.00
Fresh Cantaloupe Cubes, MS1232	1/2 cup	6000	27	0	13	0.66	6.4	0.15	0.04	0.00
Cookie,Chocolate ChipPurMS1428	1 cookie	6000	120	5	95	1.0	16.0	6.0	3.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	5000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	400	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	100	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			675	58	1181	33.35	85.82	23.47	6.14	0.00
% of Calories						19.8%	50.8%	31.3%	8.2%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

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Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/14/2018										
Lunch K-8	Total	6000								
Shepherd's Pie, MC174	2/3 cup	6000	268	47	263	14.66	15.47	16.51	6.65	0.00
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	6000	170	0	310	5.0	31.0	3.0	1.00	0.00
Green Beans w/Ham MS1038	1/2 cup	6000	31	2	118	2.17	4.76	0.39	0.10	0.00
Tropical Fruit MS1249	1/2 cup	6000	126	0	3	0.6	32.73	0.15	0.03	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	3200	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, LF White 1/2 pt.LuMS1708	1/2 pint	2000	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			735	57	870	30.90	108.29	20.95	8.31	0.00
% of Calories						16.8%	58.9%	25.6%	10.2%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

Tue - 05/15/2018										
Lunch K-8	Total	6100								
Pizza, Stuffed Crust MS304	1 slice	6100	330	20	870	17.0	35.0	14.0	4.50	0.00
Baked Crinkle Fries MS1088	1/2 cup	6100	101	0	20	2.72	17.69	2.64	*N/A*	0.08
Fruit Juice, Frozen Cup,MS1247	1/2 cup	6100	95	0	9	0.25	23.44	0.08	0.01	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	2800	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, LF White 1/2 pt.LuMS1708	1/2 pint	1600	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			648	26	1050	27.22	97.38	17.43	4.93	0.09
% of Calories						16.8%	60.1%	24.2%	6.8%	0.1%
Nutrient Guideline			600-650		1230				<10.00	

Wed - 05/16/2018										
Lunch K-8	Total	6100								
Cheeseburger 2.5 oz PattyMS728	1 each	6100	280	34	668	16.53	29.52	11.55	4.83	0.00
Mashed Potatoes MS1078	1/2 cup	6100	91	0	83	2.35	15.67	2.29	1.04	0.00
Applesauce, MS1204	1/2 cup	6100	59	0	2	0.24	15.62	0.07	0.01	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	5000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	50	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	50	140	5	125	8.0	27.0	0.0	0.00	0.00

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Lunch K-8

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			569	37	947	27.12	86.86	13.90	5.89	0.00
% of Calories						19.1%	61.1%	22.0%	9.3%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

Thu - 05/17/2018										
Lunch K-8	Total	6200								
Chicken Tenders Baked MS546	3 tenders	6200	250	60	690	22.0	17.0	11.0	2.00	0.00
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	6200	170	0	310	5.0	31.0	3.0	1.00	0.00
Sauce, Variety,DippingPCMS1562	1 packet	6200	45	3	127	0.0	7.0	2.0	0.33	0.00
Mashed Potatoes MS1078	1/2 cup	6200	91	0	83	2.35	15.67	2.29	1.04	0.00
Pineapple, Fresh Cubes MS1293	1/2 cup	3300	73	0	1	0.78	19.04	0.17	0.01	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	4500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			734	67	1393	37.51	107.50	18.38	4.38	0.00
% of Calories						20.4%	58.6%	22.5%	5.4%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

Fri - 05/18/2018										
Lunch K-8	Total	6000								
Hot Dog WG MS778	1 each	6000	300	35	820	11.0	24.0	17.5	6.00	0.00
Spicy Fries, Fried MS1102	1/2 cup	6000	176	0	391	2.44	20.76	10.34	1.53	0.00
Tangerines MS1298	2 each	6000	120	0	5	1.84	30.25	0.7	0.09	0.00
Cookie, Sugar, Pur WGR, MS1436	1 cookie	6000	120	5	100	1.0	17.0	5.0	2.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	5000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	400	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	100	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			861	43	1511	24.28	119.68	33.54	9.61	0.00
% of Calories						11.3%	55.6%	35.0%	10.0%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

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Jones County Schools

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/21/2018										
Lunch K-8	Total	6000								
Cheesy Chicken Over/Rice MS516	1 serving	6000	366	77	485	31.33	29.28	13.92	7.89	0.00
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	6000	170	0	310	5.0	31.0	3.0	1.00	0.00
Yam Patties MS1135	1/2 Cup	6000	120	0	160	1.8	28.0	0.0	0.00	0.00
Tangerines MS1298	2 each	6000	120	0	5	1.84	30.25	0.7	0.09	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	5000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White 1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt.Bo MS1704	1/2 pint	400	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr, 1/2 pt.LuMS1702	1/2 pint	100	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			921	80	1155	47.97	146.20	17.63	8.98	0.00
% of Calories						20.8%	63.5%	17.2%	8.8%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

Tue - 05/22/2018										
Lunch K-8	Total	6100								
Pizza, Stuffed Crust MS304	1 slice	6100	330	20	870	17.0	35.0	14.0	4.50	0.00
Whole Ker Corn Frz MS1031	1/2 cup	6000	89	0	20	2.5	17.22	2.42	0.91	0.00
Fresh Oranges MS1268	1 each	6100	61	0	0	1.22	15.22	0.16	0.03	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	2800	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr, 1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, LF White 1/2 pt.LuMS1708	1/2 pint	1600	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			601	26	1041	27.92	88.41	17.24	5.84	0.00
% of Calories						18.6%	58.9%	25.8%	8.8%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

Wed - 05/23/2018										
Lunch K-8	Total	6100								
Cheeseburger 2.5 oz PattyMS728	1 each	1	280	34	668	16.53	29.52	11.55	4.83	0.00
Green Beans w /Potatoes MS1040	1/2 cup	3500	53	0	151	1.48	7.59	1.94	0.86	0.00
Fresh Apple MS1206	1 each	4000	72	0	1	0.36	19.06	0.23	0.04	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	5000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White 1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt.Bo MS1704	1/2 pint	50	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr, 1/2 pt.LuMS1702	1/2 pint	50	140	5	125	8.0	27.0	0.0	0.00	0.00

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Jones County Schools

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			216	3	282	9.09	42.91	1.27	0.52	0.00
% of Calories						16.8%	79.4%	5.3%	2.2%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

Thu - 05/24/2018										
Lunch K-8	Total	3000								
Chicken Tenders Baked MS546	3 tenders	3000	250	60	690	22.0	17.0	11.0	2.00	0.00
Sauce, Variety,DippingPCMS1562	1 packet	3000	45	3	127	0.0	7.0	2.0	0.33	0.00
Mashed Potatoes MS1078	1/2 cup	3000	91	0	83	2.35	15.67	2.29	1.04	0.00
Tropical Fruit MS1249	1/2 cup	3000	126	0	3	0.6	32.73	0.15	0.03	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	4500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr.1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			801	70	1280	40.95	127.57	15.43	3.40	0.00
% of Calories						20.5%	63.7%	17.3%	3.8%	0.0%
Nutrient Guideline			600-650		1230				<10.00	

Weighted Average			678	50	1090	31.61	100.62	18.21	5.64	0.01
						18.6%	59.3%	24.2%	7.5%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	678		600 - 650	104%			28	Correction Required - Calories too High
Cholesterol (mg)	50							
Sodium (mg)	1090		1230					
Protein (g)	31.61	18.64%						
Carbohydrate (g)	100.62	59.34%						
Total Fat (g)	18.21	24.16%						
Saturated Fat (g)	5.64	7.48%	<10.00%					
Trans Fat ¹ (g)	0.01	0.02%						

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