

Jones County Schools

Lunch K-8

2018 January

K-8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 9 Stuffed Crust Pizza Mexican Pizza Southern Green Beans Seasoned Potato Wed Chilled Peaches Sugar Cookie Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Jan - 10 Vegetable Beef Soup and Sandwich Combo Shepherd's Pie Yeast Roll Yam Patties Whole Kernel Corn Applesauce Chocolate Milk Fat Free Milk Strawberry Milk Vanilla Fat Free Milk	Jan - 11 Chicken Tenders Chef Salad Variety of Dipping Sau Mashed Potatoes Southern Turnip Green Hushpuppies Fresh Oranges Sugar Cookie Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk	Jan - 12 John Wayne Casserole Turkey & Cheese Ho Oven Baked Potato W Baked Beans Fresh Bananas Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk
Jan - 15	Jan - 16 BBQ Pork Sandwich Mandarin Chicken Chicken Egg Roll Stir Fried Rice Sweet and Sour Sauce Steamed Carrots Seasoned Potato Wed Fresh Apples Chocolate Milk Fat Free Milk Strawberry Milk Vanilla Fat Free Milk	Jan - 17 Grilled Cheese Sandwi Sausage and Biscuit Chicken Salad w/Crack Assorted Jellies Hot Grits Tater Tots Assorted Vegetable Jui Fresh Kiwi Wedges Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Jan - 18 Chicken Tenders Hamburger Steak w/ G Variety of Dipping Sau Chef Salad Mashed Potatoes Southern Turnip Green Hushpuppies Chilled Pear Halves Sugar Cookie Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk	Jan - 19 Steak Fingers Macaroni & Cheese wit Ham Slice Yeast Roll Whole Kernel Corn Mashed Potatoes with Cheese Fresh Bananas Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk
Jan - 22	Jan - 23 Spaghetti & Meat Sauc Crispy Toast Spicy Chicken Sandwic Corn on the Cob Baby Carrots w/ Dressi Fresh Oranges Brownies Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Jan - 24 Chili Cheese over Chip Shepherd's Pie Yeast Roll Cheesy Broccoli and Cauliflower Whole Kernel Corn Sliced Strawberries Chocolate Milk Fat Free Milk Strawberry Milk Vanilla Fat Free Milk	Jan - 25 Chicken Tenders Hamburger Steak w/ G Chicken Tenders Sala Variety of Dipping Sau Mashed Potatoes Southern Turnip Green Hushpuppies Fresh Grapes Fresh Pineapple Cube Sugar Cookie Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk	Jan - 26 Macaroni & Cheese wit Ham Slice Grilled Cheese Sandwi Southern Green Beans Spicy Fries Mandarin Fruit Cup Sugar Cookie Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk
Beefy Nachos Grande BBQ Pork Sandwich Southern Green Beans Yam Patties Chilled Peaches Frozen Fruit Juice Cup Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk				

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Jan - 29 Chicken Nuggets Variety of Dipping Sau Cheeseburger French Fries Field Peas Yeast Roll Fresh Oranges Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Jan - 30 Stuffed Crust Pizza Mexican Pizza Southern Green Beans Spicy Fries Mandarin Fruit Cup Sugar Cookie Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Jan - 31 Turkey & Cheese Ho Sausage and Biscuit Chicken Salad w/Crack Assorted Jellies Hot Grits Tater Tots Assorted Vegetable Jui Fresh Kiwi Wedges Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk		

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