

Jones County Schools

Lunch 9-12

Dec 20, 2017

Page 1

2018 January

grades 9-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 9 Stuffed Crust Pizza Mexican Pizza Southern Green Beans Seasoned Potato Wed Chilled Peaches Fruit Crisp Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Jan - 10 Vegetable Beef Soup and Sandwich Combo Shepherd's Pie Yeast Roll Yam Patties Whole Kernel Corn Applesauce Chilled Peach Slices Chocolate Milk Fat Free Milk Strawberry Milk Vanilla Fat Free Milk	Jan - 11 Chicken Tenders Chef Salad Variety of Dipping Sau Mashed Potatoes Southern Turnip Green Hushpuppies Fresh Oranges Fresh Apples Sugar Cookie Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk	Jan - 12 John Wayne Casserole Fried Catfish Oven Baked Potato W Baked Beans Fresh Bananas Fresh Apples Fresh Pineapple Cube Chocolate Milk Fat Free Milk Strawberry Milk Low Fat Milk
Jan - 15	Jan - 16 BBQ Pork Sandwich Mandarin Chicken Chicken Egg Roll Stir Fried Rice Sweet and Sour Sauce Steamed Carrots Seasoned Potato Wed Blushing Chilled Pears Fresh Apples Chocolate Milk Fat Free Milk Strawberry Milk Vanilla Fat Free Milk	Jan - 17 Grilled Cheese Sandwi Sausage and Biscuit Chicken Salad w/Crack Assorted Jellies Hot Grits Tater Tots Assorted Vegetable Jui Fresh Kiwi Wedges Mandarin Fruit Cup Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Jan - 18 Chicken Tenders Hamburger Steak w/ G Variety of Dipping Sau Chef Salad Mashed Potatoes Southern Turnip Green Hushpuppies Chilled Pear Halves Fresh Fruit Cup Sugar Cookie Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk	Jan - 19 Barbecue Chicken Macaroni & Cheese wit Ham Slice Yeast Roll Whole Kernel Corn Mashed Potatoes with Cheese Fresh Bananas Tropical Fruit Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk
Jan - 22 Beefy Nachos Grande BBQ Pork Sandwich Southern Green Beans Yam Patties Chilled Peaches Frozen Fruit Juice Cup Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk	Jan - 23 Spaghetti & Meat Sauc Crispy Toast Spicy Chicken Sandwic Corn on the Cob Baby Carrots w/ Dressi Fresh Oranges Fresh Fruit Cup Brownies Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Jan - 24 Chili Cheese over Chip Shepherd's Pie Yeast Roll Cheesy Broccoli and Cauliflower Whole Kernel Corn Sliced Strawberries Fresh Fruit Cup Chocolate Milk Fat Free Milk Strawberry Milk Vanilla Fat Free Milk	Jan - 25 Chicken Tenders Hamburger Steak w/ G Chicken Tenders Sala Variety of Dipping Sau Mashed Potatoes Southern Turnip Green Hushpuppies Fresh Grapes Chilled Pear Halves Sugar Cookie Chocolate Milk Fat Free Milk Vanilla Fat Free Milk Strawberry Milk	Jan - 26 Macaroni & Cheese wit Ham Slice Grilled Cheese Sandwi Southern Green Beans Spicy Fries Mandarin Fruit Cup Fresh Bananas Sugar Cookie Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jones County Schools

Lunch 9-12

2018 January

grades 9-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 29 Chicken Nuggets Variety of Dipping Sau Cheeseburger French Fries Field Peas Yeast Roll Fresh Oranges Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Jan - 30 Stuffed Crust Pizza Mexican Pizza Southern Green Beans Spicy Fries Mandarin Fruit Cup Applesauce Sugar Cookie Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Jan - 31 Turkey & Cheese Ho Sausage and Biscuit Chicken Salad w/Crack Assorted Jellies Hot Grits Tater Tots Assorted Vegetable Jui Fresh Oranges Fresh Kiwi Wedges Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.