

Jones County Schools

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/01/2018										
Lunch 9-12	Total	6200								
Chicken Tenders Baked MS546	3 tenders	6000	250	60	690	22.0	17.0	11.0	2.00	0.00
Chef Salad,Elementary,UMS601.1	1 salad	200	261	162	1213	22.6	17.37	11.48	4.65	0.00
Sauce, Variety,DippingPCMS1562	1 packet	4500	45	3	127	0.0	7.0	2.0	0.33	0.00
Mashed Potatoes MS1078	1/2 cup	5500	91	0	83	2.35	15.67	2.29	1.04	0.00
Turnip Greens, Southern MS1046	1/2 cup	3000	57	0	88	2.48	3.43	3.33	0.24	0.00
Hushpuppies-Purchase MS1332	2 each	4500	105	3	199	1.57	14.02	4.96	0.72	*N/A*
Fresh Oranges MS1268	1 each	4500	61	0	0	1.22	15.22	0.16	0.03	0.00
Fresh Apple MS1206	1 each	4500	72	0	1	0.36	19.06	0.23	0.04	0.00
Cookie, Sugar, Pur WGR, MS1436	1 cookie	4500	120	5	100	1.0	17.0	5.0	2.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	4500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			791	75	1315	36.06	111.74	23.62	5.39	0.00
% of Calories						18.2%	56.5%	26.9%	6.1%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/02/2018										
Lunch 9-12	Total	5900								
John Wayne Cass w\Chips NoSalt	1 serving	3900	476	67	732	16.12	23.3	34.93	14.71	0.00
Catfish, Breaded, USDA Foods	1 Each	2000	186	20	350	16.0	12.0	10.0	2.00	0.00
Baked Potato Wedges MS1094	1/2 cup	5500	156	0	322	2.22	18.89	7.78	2.22	0.00
Baked Beans, SpiceBlend MS1002	1/2 cup	3500	132	0	194	6.3	29.99	0.55	0.10	0.00
Fresh Bananas MS1220	1 each	4000	105	0	1	1.29	26.95	0.39	0.13	0.00
Fresh Apple MS1206	1 each	2500	72	0	1	0.36	19.06	0.23	0.04	0.00
Pineapple, Fresh Cubes MS1293	1/2 cup	400	73	0	1	0.78	19.04	0.17	0.01	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	2000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,LuMS1708	1/2 pint	400	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			791	55	1130	28.30	97.29	34.61	12.75	0.00
% of Calories						14.3%	49.2%	39.4%	14.5%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Jones County Schools

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/05/2018										
Lunch 9-12	Total	6000								
Pizza, Stuffed Crust MS304	1 slice	3000	330	20	870	17.0	35.0	14.0	4.50	0.00
Mexican Pizza MS302	1 slice	3000	320	35	540	20.0	30.0	14.0	7.00	0.00
Refried Beans, MS1038	1/2 cup	1500	142	4	305	8.02	21.33	2.97	1.47	0.00
Season Potato Wedge FryMS1098	1/2 cup	4500	156	0	464	2.22	18.89	7.78	2.22	0.00
Fresh Apple MS1206	1 each	3500	72	0	1	0.36	19.06	0.23	0.04	0.00
Fruit Crisp MS1412	1 serving	3500	273	0	157	2.47	45.51	9.5	4.15	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	3200	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,LuMS1708	1/2 pint	2000	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			819	36	1397	32.29	113.99	27.15	10.77	0.00
% of Calories						15.8%	55.7%	29.8%	11.8%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/06/2018										
Lunch 9-12	Total	6200								
Spaghetti & MeatSace ERMS178.2	1 serving	2000	450	42	586	21.32	60.62	13.55	4.79	0.00
Bread, 1 ENR, Toast, MS1604	1slice	2000	70	0	150	2.0	14.0	1.0	0.00	0.00
Turkey & Cheese Wrap Mer MS798	1 wrap	4200	329	55	1381	21.21	29.98	14.34	7.34	0.00
Corn on Cob, 5 inch, MC1025	1 cob	5500	92	0	29	2.71	18.41	2.59	0.81	0.00
Carrots, Baby w/ Dip, MS#1017	1/2 cup	3000	45	0	170	0.67	9.95	0.17	0.03	0.00
Fresh Oranges MS1268	1 each	1500	61	0	0	1.22	15.22	0.16	0.03	0.00
Fresh Fruit Cup MS1250	1/2 cup	4500	64	0	3	0.58	16.48	0.17	0.04	0.00
Brownies, Mix, Enriched MS1400	1 piece	5000	140	4	130	1.0	26.01	4.0	1.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	3000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,LuMS1708	1/2 pint	1700	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			794	60	1545	33.66	124.18	20.91	8.53	0.00
% of Calories						17.0%	62.5%	23.7%	9.7%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

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Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/07/2018										
Lunch 9-12	Total	6000								
Veggie Be Soup Sand ComboMS822	1 serving	3000	431	35	956	17.89	46.22	20.94	6.72	0.00
Shepherd's Pie, MC174	2/3 cup	3000	268	47	263	14.66	15.47	16.51	6.65	0.00
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	3000	170	0	310	5.0	31.0	3.0	1.00	0.00
Yam Patties MS1135	1/2 Cup	4500	120	0	160	1.8	28.0	0.0	0.00	0.00
Whole Ker Corn Frz MS1031	1/2 cup	4500	89	0	20	2.5	17.22	2.42	0.91	0.00
Tangerines MS1298	2 each	4500	120	0	5	1.84	30.25	0.7	0.09	0.00
Chilled Peach Slices MS1274	1/2 cup	3500	65	0	6	0.54	17.49	0.04	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	2500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Weighted Daily Average			820	44	1035	29.69	131.98	22.59	7.93	0.00
% of Calories						14.5%	64.4%	24.8%	8.7%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/08/2018										
Lunch 9-12	Total	6200								
Chicken Tenders Baked MS546	3 tenders	5900	250	60	690	22.0	17.0	11.0	2.00	0.00
Hamburger Steak W/GravyMS144	1 steak	200	93	20	335	8.0	3.59	5.32	2.32	0.00
Chef Salad w\ Chicken Tenders	1 salad	100	309	58	1217	25.3	23.12	13.71	5.76	0.00
Sauce, Variety,DippingPCMS1562	1 packet	5800	45	3	127	0.0	7.0	2.0	0.33	0.00
Mashed Potatoes MS1078	1/2 cup	5500	91	0	83	2.35	15.67	2.29	1.04	0.00
Turnip Greens, Southern MS1046	1/2 cup	2500	57	0	88	2.48	3.43	3.33	0.24	0.00
Hushpuppies-Purchase MS1332	2 each	4500	105	3	199	1.57	14.02	4.96	0.72	*N/A*
Fresh Grapes MS1226	1/2 cup	3500	61	0	2	0.57	15.56	0.32	0.10	0.00
Chilled Pears MS1282	1/2 cup	4500	69	0	6	0.23	18.23	0.04	0.00	0.00
Cookie, Sugar, Pur WGR, MS1436	1 cookie	4500	120	5	100	1.0	17.0	5.0	2.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	4500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			778	71	1319	34.78	109.73	23.54	5.44	0.00
% of Calories						17.9%	56.4%	27.2%	6.3%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

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Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/09/2018										
Lunch 9-12	Total	6100								
Chicken Baked BBQ MS 512	1 serving	3000	282	100	220	31.0	3.07	15.0	4.50	0.00
Catfish, Breaded, USDA Foods	1 Each	3100	186	20	350	16.0	12.0	10.0	2.00	0.00
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	6000	170	0	310	5.0	31.0	3.0	1.00	0.00
Baked Beans MS1000	1/2 cup	3500	163	1	186	7.13	36.85	0.7	0.13	0.00
Whole Ker Corn Frz MS1031	1/2 cup	4500	89	0	20	2.5	17.22	2.42	0.91	0.00
Macaroni and Cheese MS1338	1/2 cup	3500	121	2	109	3.88	18.91	3.01	0.98	0.00
Fresh Bananas MS1220	1 each	2500	105	0	1	1.29	26.95	0.39	0.13	0.00
Tropical Fruit MS1249	1/2 cup	1500	126	0	3	0.6	32.73	0.15	0.03	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	2800	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, LF White 1/2 pt.LuMS1708	1/2 pint	1600	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			824	68	927	44.37	123.14	20.23	6.00	0.00
% of Calories						21.5%	59.8%	22.1%	6.6%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/12/2018										
Lunch 9-12	Total	6200								
Spaghetti & MeatSace ERMS178.2	1 serving	2000	450	42	586	21.32	60.62	13.55	4.79	0.00
Toast, Garlic WW MS1351	1 slice	2000	100	0	170	4.0	15.0	2.5	0.50	0.00
BBQ Pork Sandwich MS716	1 each	4200	284	53	671	18.07	31.31	10.42	3.27	0.00
Corn on Cob, 5 inch, MC1025	1 cob	5500	92	0	29	2.71	18.41	2.59	0.81	0.00
Carrots, Baby w/ Dip, MS#1017	1/2 cup	3000	45	0	170	0.67	9.95	0.17	0.03	0.00
Tossed Salad w/Drsg MS1126	1/2 cup	2500	31	0	145	1.18	6.03	0.12	0.02	0.00
Fresh Oranges MS1268	1 each	1500	61	0	0	1.22	15.22	0.16	0.03	0.00
Fresh Fruit Cup MS1250	1/2 cup	4500	64	0	3	0.58	16.48	0.17	0.04	0.00
Brownies, Mix, Enriched MS1400	1 piece	5000	140	4	130	1.0	26.01	4.0	1.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	3000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, LF White 1/2 pt.LuMS1708	1/2 pint	1700	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			786	59	1129	32.65	127.84	18.79	5.94	0.00
% of Calories						16.6%	65.0%	21.5%	6.8%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

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Lunch 9-12

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/13/2018										
Lunch 9-12	Total	6100								
Pizza, Stuffed Crust MS304	1 slice	5900	330	20	870	17.0	35.0	14.0	4.50	0.00
Red BeansCND/Rice/SausageMS416	1 serving	200	298	27	587	12.39	37.58	11.09	3.56	0.00
Corn Pudding MS1026	1 piece	5500	171	44	377	5.95	32.34	4.05	1.36	0.00
Green Beans, Canned, MS1036	1/2 cup	6100	41	0	91	1.3	4.45	1.79	0.21	0.00
Cornbread Mexican WG MS1307	1 piece	200	180	34	374	5.4	28.1	5.39	1.60	0.00
Fresh Apple MS1206	1 each	6100	72	0	1	0.36	19.06	0.23	0.04	0.00
Mandarin Fruit Cup MS1254	1/2 cup	6100	62	0	6	0.53	16.28	0.1	0.01	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	5000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	50	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	50	160	5	125	8.0	32.0	0.0	0.00	0.00
Weighted Daily Average			803	64	1505	32.57	131.01	19.85	6.02	0.00
% of Calories						16.2%	65.3%	22.3%	6.7%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/14/2018										
Lunch 9-12	Total	6100								
Spicy Chicken Sand MS736	1 each	3100	330	30	778	20.27	40.17	11.29	2.24	0.02
Sloppy Joe on WW Bun,MS791	1 each	3000	315	41	501	15.53	33.6	13.76	4.41	0.00
Sweet Potatoes,Cubes MS1129	1/2 cup	5000	89	0	104	0.99	12.87	3.96	0.25	0.00
Baked Beans MS1000	1/2 cup	5000	163	1	186	7.13	36.85	0.7	0.13	0.00
Fresh Fruit Cup MS1250	1/2 cup	5000	64	0	3	0.58	16.48	0.17	0.04	0.00
Hot Cinnamon Apples MS1208	1/2 cup	5000	118	0	190	0.42	21.92	3.57	1.62	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	5000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	50	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	50	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			817	40	1231	33.42	135.22	19.39	4.98	0.01
% of Calories						16.4%	66.2%	21.4%	5.5%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/15/2018										
Lunch 9-12	Total	6200								
Chicken Tenders Baked MS546	3 tenders	6000	250	60	690	22.0	17.0	11.0	2.00	0.00
Chef Salad, MS600	1 salad	200	244	147	1256	17.35	18.05	11.79	4.87	0.00
Saltine Crackers, ENR,M MS1369	2 4-count pack	200	100	0	320	2.0	18.0	2.0	0.00	0.00
Sauce, Variety,DippingPCMS1562	1 packet	4500	45	3	127	0.0	7.0	2.0	0.33	0.00
Mashed Potatoes MS1078	1/2 cup	5500	91	0	83	2.35	15.67	2.29	1.04	0.00
Turnip Greens, Southern MS1046	1/2 cup	3000	57	0	88	2.48	3.43	3.33	0.24	0.00
Hushpuppies-Purchase MS1332	2 each	4500	105	3	199	1.57	14.02	4.96	0.72	*N/A*
Fresh Oranges MS1268	1 each	4500	61	0	0	1.22	15.22	0.16	0.03	0.00
Fresh Apple MS1206	1 each	4500	72	0	1	0.36	19.06	0.23	0.04	0.00
Cookie, Sugar, Pur WGR, MS1436	1 cookie	4500	120	5	100	1.0	17.0	5.0	2.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	4500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr.1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			793	75	1327	35.95	112.35	23.69	5.40	0.00
% of Calories						18.1%	56.7%	26.9%	6.1%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/16/2018										
Lunch 9-12	Total	5900								
John Wayne Cass w\Chips NoSalt	1 serving	3900	476	67	732	16.12	23.3	34.93	14.71	0.00
Catfish, Breaded, USDA Foods	1 Each	2000	186	20	350	16.0	12.0	10.0	2.00	0.00
Baked Potato Wedges MS1094	1/2 cup	5500	156	0	322	2.22	18.89	7.78	2.22	0.00
Creamy Coleslaw, MS 1116	1/2 cup	3000	72	6	76	0.74	11.19	3.14	0.32	0.00
Saltine Crackers, ENR,M MS1369	2 4-count pack	3000	100	0	320	2.0	18.0	2.0	0.00	0.00
Fresh Bananas MS1220	1 each	4000	105	0	1	1.29	26.95	0.39	0.13	0.00
Tangerines MS1298	2 each	3500	120	0	5	1.84	30.25	0.7	0.09	0.00
Pineapple, Fresh Cubes MS1293	1/2 cup	400	73	0	1	0.78	19.04	0.17	0.01	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	2000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FFStrwbr.1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, LF White 1/2 pt.LuMS1708	1/2 pint	400	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			841	58	1219	26.89	104.22	37.22	12.89	0.00
% of Calories						12.8%	49.6%	39.8%	13.8%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

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Jones County Schools

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/20/2018										
Lunch 9-12	Total	6100								
Cheeseburger 2.5 oz PattyMS728	1 each	3100	280	34	668	16.53	29.52	11.55	4.83	0.00
Hot Dog WG MS778	1 each	3000	300	35	820	11.0	24.0	17.5	6.00	0.00
Season Potato Wedge FryMS1098	1/2 cup	6000	156	0	464	2.22	18.89	7.78	2.22	0.00
Green Beans, Canned, MS1036	1/2 cup	5500	41	0	91	1.3	4.45	1.79	0.21	0.00
Fresh Apple MS1206	1 each	4400	72	0	1	0.36	19.06	0.23	0.04	0.00
Strawberries, Frozen MS1294	1/2 cup	2500	51	0	0	0.64	12.12	0.0	0.00	0.00
Southern Mud MS1416	1 square	3000	238	1	173	2.07	44.47	6.17	3.58	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	5000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	50	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	50	160	5	125	8.0	32.0	0.0	0.00	0.00
Weighted Daily Average			807	38	1561	26.71	116.04	26.94	9.58	0.00
% of Calories						13.2%	57.5%	30.0%	10.7%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

Wed - 02/21/2018										
Lunch 9-12	Total	6000								
Veggie Be Soup Sand ComboMS822	1 serving	3000	431	35	956	17.89	46.22	20.94	6.72	0.00
Cheesy Chicken Over/Rice MS516	1 serving	3000	366	77	485	31.33	29.28	13.92	7.89	0.00
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	3000	170	0	310	5.0	31.0	3.0	1.00	0.00
Yam Patties MS1135	1/2 Cup	4500	120	0	160	1.8	28.0	0.0	0.00	0.00
Whole Ker Corn Frz MS1031	1/2 cup	4500	89	0	20	2.5	17.22	2.42	0.91	0.00
Applesauce, USDA Food MS1204.1	1/2 cup	4500	51	0	2	0.0	14.0	0.0	0.00	0.00
Chilled Peach Slices MS1274	1/2 cup	3500	65	0	6	0.54	17.49	0.04	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	2500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Weighted Daily Average			817	59	1144	36.65	126.70	20.77	8.49	0.00
% of Calories						17.9%	62.0%	22.9%	9.3%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

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Jones County Schools

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/22/2018										
Lunch 9-12	Total	6200								
Chicken Tenders Baked MS546	3 tenders	5900	250	60	690	22.0	17.0	11.0	2.00	0.00
Hamburger Steak W/GravyMS144	1 steak	200	93	20	335	8.0	3.59	5.32	2.32	0.00
Chicken Fajita SaladUS MS605.1	1 salad	200	393	76	1192	26.66	30.58	17.81	8.15	0.00
Sauce, Variety,DippingPCMS1562	1 packet	5800	45	3	127	0.0	7.0	2.0	0.33	0.00
Mashed Potatoes MS1078	1/2 cup	5500	91	0	83	2.35	15.67	2.29	1.04	0.00
Turnip Greens, Southern MS1046	1/2 cup	2500	57	0	88	2.48	3.43	3.33	0.24	0.00
Hushpuppies-Purchase MS1332	2 each	4500	105	3	199	1.57	14.02	4.96	0.72	*N/A*
Fresh Grapes MS1226	1/2 cup	3500	61	0	2	0.57	15.56	0.32	0.10	0.00
Chilled Pears MS1282	1/2 cup	4500	69	0	6	0.23	18.23	0.04	0.00	0.00
Cookie, Sugar, Pur WGR, MS1436	1 cookie	4500	120	5	100	1.0	17.0	5.0	2.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	4500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr.1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			786	73	1338	35.23	110.34	23.89	5.61	0.00
% of Calories						17.9%	56.1%	27.4%	6.4%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/23/2018										
Lunch 9-12	Total	6100								
Fajita Chicken Wrap M UMS748.1	1 wrap	3000	303	37	741	25.6	28.16	8.7	4.20	0.00
Beef Taco w/Soft Taco, M MS109	1 taco	3100	277	41	702	15.33	21.54	14.17	6.59	0.00
Whole Ker Corn Frz MS1031	1/2 cup	6000	89	0	20	2.5	17.22	2.42	0.91	0.00
Tortilla Chips 1oz	9 chips	6000	140	0	140	2.0	18.0	7.0	2.50	0.00
Cheese Sauce MS1508	1 ounce	6000	46	4	73	1.99	3.71	2.57	1.40	0.00
Refried Beans, MS1038	1/2 cup	1500	142	4	305	8.02	21.33	2.97	1.47	0.00
Fresh Bananas MS1220	1 each	2500	105	0	1	1.29	26.95	0.39	0.13	0.00
Tropical Fruit MS1249	1/2 cup	1500	126	0	3	0.6	32.73	0.15	0.03	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	2800	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, LF White 1/2 pt,LuMS1708	1/2 pint	1600	108	16	129	8.61	11.83	2.69	1.61	0.00
Weighted Daily Average			791	50	1178	36.65	108.68	24.90	10.99	0.00
% of Calories						18.5%	55.0%	28.3%	12.5%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

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Jones County Schools

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/26/2018										
Lunch 9-12	Total	6000								
American Sandwich MS700	1 sandwich	1000	260	26	1675	15.26	34.17	7.42	3.09	0.00
BBQ Pork Sandwich MS716	1 each	5000	284	53	671	18.07	31.31	10.42	3.27	0.00
Green Beans w/Ham MS1038	1/2 cup	6000	31	2	118	2.17	4.76	0.39	0.10	0.00
Yam Patties MS1135	1/2 Cup	6000	120	0	160	1.8	28.0	0.0	0.00	0.00
Kiwi Wedges MS1228	3 halves	4500	70	0	3	1.3	16.71	0.59	0.03	0.00
Tangerines MS1298	2 each	4500	120	0	5	1.84	30.25	0.7	0.09	0.00
Tart Lemon Squares MS1480	Servings	4500	111	1	105	1.17	18.06	3.99	3.55	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	5000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White 1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt.Bo MS1704	1/2 pint	400	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr, 1/2 pt.Lu MS1702	1/2 pint	100	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			801	55	1397	32.80	140.99	14.28	6.09	0.00
% of Calories						16.4%	70.4%	16.0%	6.8%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

Tue - 02/27/2018										
Lunch 9-12	Total	6100								
Pizza, Stuffed Crust MS304	1 slice	5900	330	20	870	17.0	35.0	14.0	4.50	0.00
White Chicken Chili MS566	1 cup	200	256	37	624	27.61	30.17	3.29	1.84	0.00
Bread/Mozz. Cheese Stic 1MS924	1 breadstick	200	150	5	370	7.0	17.0	6.0	2.00	0.00
Corn on Cob, 3 in.USDA, MC1024	2 cobs	5000	94	0	22	2.56	18.42	2.4	0.90	0.00
Tossed Salad w/Drsg MS1126	1/2 cup	4500	31	0	145	1.18	6.03	0.12	0.02	0.00
Tangerines MS1298	2 each	4500	120	0	5	1.84	30.25	0.7	0.09	0.00
Chilled Pears MS1282	1/2 cup	4500	69	0	6	0.23	18.23	0.04	0.00	0.00
Cookie, Sugar, Pur WGR, MS1436	1 cookie	5500	120	5	100	1.0	17.0	5.0	2.00	0.00
Milk, FF Choc 1/2 pt.Br MS1700	1/2 pint	5000	120	5	240	8.0	22.0	0.0	0.00	0.00
Milk, FF White 1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FFStrwbr, 1/2 pt.Br MS1702	1/2 pint	50	120	0	100	8.0	21.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt.Bo MS1704	1/2 pint	50	160	5	125	8.0	32.0	0.0	0.00	0.00
Weighted Daily Average			794	30	1315	30.97	126.32	20.96	7.10	0.00
% of Calories						15.6%	63.6%	23.8%	8.0%	0.0%
Nutrient Guideline			750-850		1420				<10.00	

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Jones County Schools

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Lunch 9-12

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/28/2018										
Lunch 9-12	Total	6100								
Taco Soup MS812	1 cup	2000	259	41	441	15.65	22.71	12.13	4.43	0.00
Grill Cheese Sand 1 oz MS762	sandwich	2000	247	27	727	10.36	28.46	10.97	5.65	0.00
Corn Dog Nuggets MS406	6 nuggets	4100	282	45	716	9.08	27.23	15.13	11.09	0.00
Broccoli w/Cheese Sauce MS1012	1/2 cup	2500	43	0	231	3.27	7.67	0.58	0.02	0.00
TASTY TOTS	Serv. 6 Tots	5900	186	0	381	4.79	31.66	4.92	0.42	0.10
Fresh Fruit Cup MS1250	1/2 cup	3500	64	0	3	0.58	16.48	0.17	0.04	0.00
Tropical Fruit MS1249	1/2 cup	4500	126	0	3	0.6	32.73	0.15	0.03	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	5000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF White 1/2 pt.Lu MS1706	1/2 pint	1000	80	5	120	8.0	11.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt.Bo MS1704	1/2 pint	50	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FFStrwbr. 1/2 pt.LuMS1702	1/2 pint	50	140	5	125	8.0	27.0	0.0	0.00	0.00
Weighted Daily Average			821	56	1525	29.38	128.51	22.95	11.22	0.10
% of Calories						14.3%	62.6%	25.1%	12.3%	0.1%
Nutrient Guideline			750-850		1420				<10.00	

Weighted Average			804	56	1291	33.11	120.01	23.49	7.95	0.01
						16.5%	59.7%	26.3%	8.9%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	804		750 - 850	100%				
Cholesterol (mg)	56							
Sodium (mg)	1291		1420					
Protein (g)	33.11	16.47%						
Carbohydrate (g)	120.01	59.71%						
Total Fat (g)	23.49	26.29%						
Saturated Fat (g)	7.95	8.90%	<10.00%					
Trans Fat ¹ (g)	0.01	0.01%						

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