

Jones County Schools

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 1

Generated on: 1/29/2018 3:04:39 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/01/2018										
K-12 Breakfast	Total	2500								
Sausage & Biscuit 2WGR, MS1687	1 Each	1000	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1500	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	1500	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2000	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2400	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			452	16	503	13.89	78.75	9.70	2.62	0.00
% of Calories						12.3%	69.7%	19.3%	5.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Fri - 02/02/2018										
K-12 Breakfast	Total	2300								
Sausage & Biscuit 2WGR, MS1687	1 Each	1500	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1000	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	700	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1600	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			447	26	700	18.42	67.57	11.59	3.55	0.00
% of Calories						16.5%	60.4%	23.3%	7.1%	0.0%
Nutrient Guideline			450-500		540				<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 2

Generated on: 1/29/2018 3:04:39 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/05/2018										
K-12 Breakfast	Total	2500								
Frudel, 2WGR, Apple, MS1627	1 frudel	2000	210	0	280	5.0	36.0	6.0	1.50	0.00
Breakfast Pizza,Sausage,MS1684	1 slice	500	220	15	460	10.0	27.0	8.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2400	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	450	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	1000	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			464	8	456	14.43	88.90	6.56	1.64	0.00
% of Calories						12.4%	76.6%	12.7%	3.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Tue - 02/06/2018										
K-12 Breakfast	Total	2500								
Chicken Pat & Biscuit, MS1685	1 serving	1000	244	0	533	11.11	34.33	11.11	2.31	0.00
Toaster Past,Strbr,2WGR,MS1644	2 pastries	1500	360	0	360	4.0	76.0	5.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	200	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	600	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			483	2	502	11.38	97.00	7.54	2.15	0.00
% of Calories						9.4%	80.3%	14.1%	4.0%	0.0%
Nutrient Guideline			450-500		540				<10.00	

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Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 3

Generated on: 1/29/2018 3:04:39 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/07/2018										
K-12 Breakfast	Total	2300								
Muffin Loaf ChocChip1GR MS1633	1 muffin	1200	180	5	170	3.0	29.0	7.0	1.50	0.00
Yogurt Cup St&Raspberry MS928	4 ounce cup	1000	80	5	65	4.0	16.0	0.0	0.00	0.00
Cheese 1 oz. String MS938	1 ounce	200	80	15	190	7.0	1.0	5.0	3.00	0.00
Cereal, MM Mateys, 2 G,MS1618	1 bowl pack	1100	220	0	280	4.0	48.0	2.0	0.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2000	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	100	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			495	10	450	14.36	100.07	5.19	1.08	0.00
% of Calories						11.6%	80.9%	9.4%	2.0%	0.0%
Nutrient Guideline			450-500		540				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/08/2018										
K-12 Breakfast	Total	2500								
Sausage & Biscuit 2WGR, MS1687	1 Each	1000	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1500	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	1500	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2000	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2400	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1000	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			452	16	503	13.89	78.75	9.70	2.62	0.00
% of Calories						12.3%	69.7%	19.3%	5.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

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Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 4

Generated on: 1/29/2018 3:04:39 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/09/2018										
K-12 Breakfast	Total	2300								
Sausage & Biscuit 2WGR, MS1687	1 Each	1500	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1000	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	700	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1600	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			447	26	700	18.42	67.57	11.59	3.55	0.00
% of Calories						16.5%	60.4%	23.3%	7.1%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Mon - 02/12/2018										
K-12 Breakfast	Total	2500								
Frudel, 2WGR, Apple, MS1627	1 frudel	2000	210	0	280	5.0	36.0	6.0	1.50	0.00
Breakfast Pizza,Sausage,MS1684	1 slice	500	220	15	460	10.0	27.0	8.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2400	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	450	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	1000	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			464	8	456	14.43	88.90	6.56	1.64	0.00
% of Calories						12.4%	76.6%	12.7%	3.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

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Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 5

Generated on: 1/29/2018 3:04:39 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/13/2018										
K-12 Breakfast	Total	2500								
Chicken Pat & Biscuit, MS1685	1 serving	1000	244	0	533	11.11	34.33	11.11	2.31	0.00
Jelly, Assorted, PC MS1526	1 packet	400	33	0	0	0.0	8.67	0.0	0.00	0.00
Toaster Past, Strbr, 2WGR, MS1644	2 pastries	1500	360	0	360	4.0	76.0	5.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt. Lu MS1700	1/2 pint	200	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF Strwbr, 1/2 pt. Lu MS1702	1/2 pint	600	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt. Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White 1/2 pt. Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			488	2	502	11.38	98.39	7.54	2.15	0.00
% of Calories						9.3%	80.6%	13.9%	4.0%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Wed - 02/14/2018										
K-12 Breakfast	Total	2300								
French Toast Stix, 2WGR, M MS1626	4 Sticks	1200	270	0	280	6.0	35.0	12.0	2.00	0.00
Syrup, Pancake, PC MS1566	1 packet	400	80	0	30	0.0	20.0	0.0	0.00	0.00
Cereal, MM Mateys, 2 G, MS1618	1 bowl pack	1100	220	0	280	4.0	48.0	2.0	0.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1800	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt. Lu MS1700	1/2 pint	1500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF Strwbr, 1/2 pt. Lu MS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt. Bo MS1704	1/2 pint	100	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White 1/2 pt. Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			495	4	467	13.45	94.71	7.32	1.07	0.00
% of Calories						10.9%	76.6%	13.3%	1.9%	0.0%
Nutrient Guideline			450-500		540				<10.00	

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Base Menu Spreadsheet

K-12 Breakfast

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Page 6

Generated on: 1/29/2018 3:04:39 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/15/2018										
K-12 Breakfast	Total	2500								
Sausage & Biscuit 2WGR, MS1687	1 Each	1250	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1000	33	0	0	0.0	8.67	0.0	0.00	0.00
Sausage Pancake/Stick, MS1690	1 stick	1250	210	25	310	6.0	22.0	10.0	3.00	0.00
Syrup, Pancake, PC MS1566	1 packet	500	80	0	30	0.0	20.0	0.0	0.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1400	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1700	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			497	33	698	17.99	77.14	12.56	4.01	0.00
% of Calories						14.5%	62.1%	22.7%	7.3%	0.0%
Nutrient Guideline			450-500		540				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/16/2018										
K-12 Breakfast	Total	2500								
Sausage & Biscuit 2WGR, MS1687	1 Each	1000	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1000	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	1500	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1100	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			369	18	503	14.80	56.60	9.60	2.59	0.00
% of Calories						16.0%	61.3%	23.4%	6.3%	0.0%
Nutrient Guideline			450-500		540				<10.00	

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Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 7

Generated on: 1/29/2018 3:04:39 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/20/2018										
K-12 Breakfast	Total	2500								
Chicken Pat & Biscuit, MS1685	1 serving	1000	244	0	533	11.11	34.33	11.11	2.31	0.00
Toaster Past, Strbr, 2WGR, MS1644	2 pastries	1500	360	0	360	4.0	76.0	5.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt. Lu MS1700	1/2 pint	200	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF Strwbr, 1/2 pt. Lu MS1702	1/2 pint	600	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt. Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White 1/2 pt. Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			483	2	502	11.38	97.00	7.54	2.15	0.00
% of Calories						9.4%	80.3%	14.1%	4.0%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Wed - 02/21/2018										
K-12 Breakfast	Total	2300								
French Toast Stix, 2WGR, B MS1626	2 sticks	1200	240	10	260	6.0	38.0	7.0	1.00	0.00
Cereal, MM Mateys, 2 G, MS1618	1 bowl pack	1100	220	0	280	4.0	48.0	2.0	0.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2000	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt. Lu MS1700	1/2 pint	1500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FF Strwbr, 1/2 pt. Lu MS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van, 1/2 pt. Bo MS1704	1/2 pint	100	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White 1/2 pt. Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			485	9	452	13.58	97.72	4.75	0.56	0.00
% of Calories						11.2%	80.7%	8.8%	1.0%	0.0%
Nutrient Guideline			450-500		540				<10.00	

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Jones County Schools

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 8

Generated on: 1/29/2018 3:04:39 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/22/2018										
K-12 Breakfast	Total	2500								
Sausage & Biscuit 2WGR, MS1687	1 Each	1250	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1000	33	0	0	0.0	8.67	0.0	0.00	0.00
Sausage Pancake/Stick, MS1690	1 stick	1250	210	25	310	6.0	22.0	10.0	3.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1700	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			497	33	692	18.00	76.86	12.56	4.01	0.00
% of Calories						14.5%	61.9%	22.7%	7.3%	0.0%
Nutrient Guideline			450-500		540				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/23/2018										
K-12 Breakfast	Total	2500								
Sausage & Biscuit 2WGR, MS1687	1 Each	1000	299	35	716	13.89	27.0	14.91	4.97	0.00
Jelly, Assorted, PC MS1526	1 packet	1000	33	0	0	0.0	8.67	0.0	0.00	0.00
Cinnamon Roll, 2WGR, MS1623	1 roll	1500	170	0	160	4.0	27.0	6.0	1.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	1000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	200	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	1100	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			369	18	503	14.80	56.60	9.60	2.59	0.00
% of Calories						16.0%	61.3%	23.4%	6.3%	0.0%
Nutrient Guideline			450-500		540				<10.00	

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Jones County Schools

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 9

Generated on: 1/29/2018 3:04:39 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/26/2018										
K-12 Breakfast	Total	2500								
Frudel, 2WGR, Apple, MS1627	1 frudel	2000	210	0	280	5.0	36.0	6.0	1.50	0.00
Breakfast Pizza,Sausage,MS1684	1 slice	500	220	15	460	10.0	27.0	8.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2400	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	450	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	1000	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	500	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	500	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			464	8	456	14.43	88.90	6.56	1.64	0.00
% of Calories						12.4%	76.6%	12.7%	3.2%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Tue - 02/27/2018										
K-12 Breakfast	Total	2500								
Chicken Pat & Biscuit, MS1685	1 serving	1000	244	0	533	11.11	34.33	11.11	2.31	0.00
Toaster Past,Strbr,2WGR,MS1644	2 pastries	1500	360	0	360	4.0	76.0	5.0	2.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	1500	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2300	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	200	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	600	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	300	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			483	2	502	11.38	97.00	7.54	2.15	0.00
% of Calories						9.4%	80.3%	14.1%	4.0%	0.0%
Nutrient Guideline			450-500		540				<10.00	

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Jones County Schools

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

K-12 Breakfast

Portion Values - Detailed

Page 10

Generated on: 1/29/2018 3:04:39 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/28/2018										
K-12 Breakfast										
	Total	2300								
Muffin Loaf ChocChip1GR MS1633	1 muffin	1200	180	5	170	3.0	29.0	7.0	1.50	0.00
Yogurt Cup St&Raspberry MS928	4 ounce cup	1000	80	5	65	4.0	16.0	0.0	0.00	0.00
Cheese 1 oz. String MS938	1 ounce	200	80	15	190	7.0	1.0	5.0	3.00	0.00
Cereal, MM Mateys, 2 G,MS1618	1 bowl pack	1100	220	0	280	4.0	48.0	2.0	0.00	0.00
Fresh Fruit Cup MS1250	1/2 cup	2000	64	0	3	0.58	16.48	0.17	0.04	0.00
Fruit Juice, Assorted, MS1246	1 4-oz. cup	2000	65	0	0	0.03	15.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pt.Lu MS1700	1/2 pint	1500	150	3	210	8.0	29.0	0.0	0.00	0.00
Milk, FFStrwbr,1/2 pt.LuMS1702	1/2 pint	500	140	5	125	8.0	27.0	0.0	0.00	0.00
Milk, FF, Van,1/2 pt.Bo MS1704	1/2 pint	100	160	5	125	8.0	32.0	0.0	0.00	0.00
Milk, FF White1/2 pt.Lu MS1706	1/2 pint	200	80	5	120	8.0	11.0	0.0	0.00	0.00
Weighted Daily Average			495	10	450	14.36	100.07	5.19	1.08	0.00
% of Calories						11.6%	80.9%	9.4%	2.0%	0.0%
Nutrient Guideline			450-500		540				<10.00	

Weighted Average			465	13	526	14.46	84.66	8.38	2.25	0.00
						12.4%	72.9%	16.2%	4.4%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	465		450 - 500	100%				
Cholesterol (mg)	13							
Sodium (mg)	526		540					
Protein (g)	14.46	12.45%						
Carbohydrate (g)	84.66	72.87%						
Total Fat (g)	8.38	16.23%						
Saturated Fat (g)	2.25	4.37%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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